

PADI OPEN WATER & SKIN DIVING COURSE APPLICATION

NAME (PRINT)	AGE
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ADDRESS

CITY	STATE	ZIP
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E-MAIL

HOME TELEPHONE ()	WORK TELEPHONE ()	FOOT SIZE
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I AM APPLYING FOR COURSE # (SEE COURSE SCHEDULE)	WEIGHT (OPTIONAL)	HEIGHT
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HOW DID YOU HEAR ABOUT THIS COURSE?

I AM INTERESTED IN THE FOLLOWING PADI CONTINUING EDUCATION COURSES AT LAKE RAWLINGS:	
<input type="checkbox"/> Advanced Open Water	<input type="checkbox"/> Wreck Diving
<input type="checkbox"/> Emergency First Response	<input type="checkbox"/> Underwater Digital Photography
<input type="checkbox"/> Deep Diving	<input type="checkbox"/> Peak Performance Buoyancy
<input type="checkbox"/> Search and Recovery	<input type="checkbox"/> Underwater Navigation
<input type="checkbox"/> Rescue Diver	<input type="checkbox"/> Boat Diving
<input type="checkbox"/> Night Diver	<input type="checkbox"/> Dry Suit Diving

SIGNATURE	DATE
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CHARGE TO MY: <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard <input type="checkbox"/> VISA
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AMOUNT <input type="checkbox"/> Deposit – \$100.00 <input type="checkbox"/> Full Amount – \$450.00

ACCOUNT NO.	EXP. DATE
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SIGNATURE	DATE
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Send this form and a \$100.00 deposit payable to:

Lake Rawlings
One Quarry Lane
Rawlings, Virginia 23876
Fax (804) 478-4809

All deposits are non-refundable.



A Scuba & Camping Park
 Rawlings, Virginia



PADI Open Water Diver Weekend Course

Course Schedule

(804) 478-9000
www.LakeRawlings.com



PADI Open Water Diver Weekend Course

Locations:

Lake Rawlings, Rawlings, VA and the Moose Lodge Family Center swimming pool, South Hill, VA.

Dates:

Classes scheduled weekends all year except November and December.

Class Meetings:

The class will usually meet two full weekends with the first session beginning on Friday about 6:00 pm. at the Moose Lodge Family Center swimming pool and meeting room.

Cost:

\$450.00 per person (private lessons can be arranged) and includes:

- (a) Use of scuba unit (BC, regulator, scuba cylinder), wet suit and weights for confined water sessions.
- (b) Five open water dives (4 scuba and 1 skin dive); includes all scuba equipment.
- (c) Choice of the PADI Open Water Manual or the PADI CD-ROM.

Both include the Recreational Dive Planner (tables) and Diver's Log Book. These educational materials are available at Lake Rawlings. In addition, the diver must view the modular CD-ROM (**\$10.00** deposit) prior to attending the first session when the text is purchased. Each diver is responsible for the safe return of the loaner CD-ROM.

Equipment/Materials:

Each student must bring course materials, note pad, pen or pencil, bathing suit, and personal toiletries to the first class. Mask, fins, snorkel and booties must be purchased by the first certification dive.

Students must bring the following scuba gear to the open water dives: full wet suit, weight belt with sufficient weight, buoyancy controller, two scuba cylinders, and single-hose regulator with submersible pressure gauge. Depth gauge, water resistant watch, compass and whistle are also required. We will also assist you if you are purchasing any new equipment. The Dive Time Planner (tables) and Diver's Log Book are also required for the open water dives.

Required Swimming Skills:

1. Distance swim 200 yards non-stop, using any front or side stroke; swim 300 yards with mask, snorkel and fins (usually performed at the first confined water session).
2. Tread water or survival float for 10 minutes.
3. Swim underwater on one breath for 15 yards (Lake Rawlings Standard).

Physical Condition:

Good watermanship, health and physical fitness are key elements to safely participate in scuba diving. A medical exam may be required if your health is questionable. All heart, lung, ear problems or chronic diseases **MUST BE** reported on the required medical form. Please consult with your doctor and course instructor before enrolling if you have any of these physical problems.

Other Requirements:

The course is designed for 4 to 8 students. The minimum age to take this course is 15. Children ages 10-14 may take the course with parental participation and permission. No previous scuba diving experience is required or necessary. **Students must read the course materials and view the CD-ROM before the first class session.**

Course Description:

The **PADI Open Water Diver Weekend Course** is divided into three segments: **Academic**, **Confined Water** and **Open Water**. Our program also separates the academic and confined water sessions into five modules. This modular approach presents specific knowledge and skill information so that the diver can safely visit the underwater world and return.

The academic sessions will present basic information to the student about diving equipment, adapting to the underwater world, the diving environment, using the Dive Planner and underwater compass navigation, among other topics.

This is a fun course and is definitely user friendly.

Open Water Dives:

All five open water dives are conducted at Lake Rawlings, VA (near Exit 39, I-85). These dives will help you improve your diving skills with the open water environment, and will also help you increase your confidence for safe and enjoyable scuba diving.

We strongly encourage the newly certified diver to take the advanced and specialty courses suitable for your interests and needs.

Certification:

Upon successful completion of the course, you will be certified as an Open Water Scuba Diver by the Professional Association of Diving Instructors (PADI). PADI is the world's largest and most sought after certifying agency in recreational scuba diving.

Instructors:

Errol Duplessis, PADI #MSDT-97608, is a master scuba diver trainer and one of the course instructors. In addition, we use other PADI instructors and assistants in our team approach to teach scuba diving.

Valuables:

Leave your valuables home or in a safe place whenever we use a dive site generally open to the public. Lake Rawlings will not be responsible for any lost or stolen articles or items.

Come Prepared:

Bring your bathing suit, towel, notepad, and pen to start off your first scuba session.



2010-11 PADI Open Water Diver Weekend Course Schedule

Dates

O.W. Course
(Text or CD-ROM)

Class #10-01

Friday – Sunday
March 12 – 14

AND

Saturday – Sunday
T.B.A.

Class #10-02

Friday – Sunday
April 9 – 11

AND

Saturday – Sunday
T.B.A.

Class #10-03

Friday – Sunday
May 14 – 16

AND

Saturday – Sunday
May 22 – 23

Class #10-04

Friday – Sunday
June 11 – 13

AND

Saturday – Sunday
June 19 – 20

Class #10-05

Friday – Sunday
July 9 – 11

AND

Saturday – Sunday
July 17 – 18

Class #10-06

Friday – Sunday
August 13 – 15

AND

Saturday – Sunday
August 21 – 22

Class #10-07

Friday – Sunday
September 10 – 12

AND

Saturday – Sunday
September 18 – 19

Class #10-08

Friday – Sunday
October 8 – 10

AND

Saturday – Sunday
October 16 – 17

Class #11-01

Friday – Sunday
January 7 – 9

AND

Saturday – Sunday
Caribbean or Florida
T.B.A.

Class #11-02

Friday – Sunday
February 11 – 13

AND

Saturday – Sunday
Caribbean or Florida
T.B.A.



2010-11 PADI Open Water Diver Weekend Course Schedule

Format

O.W. Course
(Text or CD-ROM)

First Weekend at Moose Lodge

Friday Evening

6:00 pm – 9:00 pm

Module 1: Confined Water

Module 1: Academic

Saturday Morning

9:00 am – 12:00 pm

Module 2: Academic

Module 2: Confined Water

Saturday Afternoon

1:00 pm – 4:00 pm

Module 3: Academic

Module 3: Confined Water

Sunday Morning

9:00 am – 12:00 pm

Module 4: Academic

Module 4: Confined Water

Sunday Afternoon

1:00 pm – 4:00 pm

Module 5: Academic

Module 5: Confined Water

Second Weekend at Lake Rawlings

Saturday

9:00 am – 4:00 pm

O.W. Dives #1 – #3

Sunday

9:00 am – 4:00 pm

O.W. Dives #4 – #5